

ANCHOR LUTHERAN SCHOOL

Parent Approval & Release Form



I, _____, am the parent/legal guardian of _____.

I have read and I understand the warning of inherent dangers involved in my child's participation in the sport of _____ (*see student side for this list*). I understand this is a high risk sport involving many risks of injury including but not limited to those outlined on the student side of this form. I am aware of the following conditions of my student which may increase the chance of injury to him/her:

I hereby give my consent for the above Anchor Lutheran student, in grade 4, 5, 6, 7, or 8, to engage in Anchor Lutheran School's athletic activities as a representative of his/her school. I also give my consent for my student to participate (including travel) in out of town athletic events. I understand he/she is to follow school rules while involved in Anchor activities, whether on or off the Anchor Lutheran School campus.

Insurance coverage for my child is as follows:

School Family Military Employer Native Service None

I shall assume financial responsibility for any and all injuries to the above named student. I release and waive, and further agree to indemnify, hold harmless, or reimburse Anchor Lutheran School/Lutheran School Association, the individual members, agents, employees and representatives thereof, as well as trip supervisors, from any claim which I, or another parent, guarding, any sibling, the student, or any other person, firm or corporation may claim to have, known or unknown, directly or indirectly, for any losses, damages, or injuries occurring out of, during, or in connection with the student's participation or the rendering of emergency medical procedures or treatment, if any.

Signature of Parent or Guardian

Date

Address

Contact number

For Admin use only:

Permission to Participate form

Current sports physical on file

Birth Certificate on file

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Student Participation Form



Anchor Lutheran School has adopted the guidelines and/or practices identified below for this activity to prevent injury or illness in students and others. Participants and their parents should recognize that good nutrition, proper techniques, safety procedures, and well-fitting equipment are important aspects of this training. Each participant is expected to follow the directions/standards of the coach. Travel to and from off-campus facilities shall be in accordance with the directions of the activities coordinator. Guidelines are as follows:

1. Make certain that you wear all equipment required for the sport and/or provided by the coach. Advise the coach of ill-fitting or defective equipment.
2. Advise the coach if you are ill or have any prolonged symptoms of illness.
3. Do not attend practices or games if you are feeling ill.
4. Engage in warm-up activities prior to strenuous participation in any activity.
5. Be alert for any physical hazards in the locker room and in or around the participation area. Advise the coach of any hazard.
6. Wear approved, proper fitting apparel when participating in any activity, during both practices and games.
7. Attend and participate in at least 6 practices before participating in games or competitions.
8. Be respectful of coaches, teammates, facilities, opponents, and spectators.
9. Maintain a "C" or better GPA in all subjects.

The above information has been explained to me and I understand the list of rules and procedures. I understand the necessity of using the proper techniques while participating in this sport.

I am aware that _____ is a high risk sport, and that practicing or competing in any sport is a dangerous activity involving MANY INHERENT RISKS OF INJURY. I understand that the dangers and risks of competing in _____ include, but are not limited to: death; serious neck or spinal injury that may result in partial or complete paralysis; brain damage; serious injury to virtually all internal organs; serious injury to virtually all bones, joints, ligaments, tendons, muscles, and other aspects of the musculoskeletal system; or, serious impairment to other aspects of my body, general health, and well-being. I understand that the dangers and risks of competing in athletics may result not only in serious injury, but in serious impairment of my future abilities to earn a living, engage in business, social, and recreational activities, and to generally be productive.

Because of the dangers of _____, I recognize the importance of following the coach's instructions regarding techniques, training, and other team/program rules, and agree to obey such instructions.

I voluntarily choose to participate in the Anchor Lutheran School Athletics Program. I have not violated any of the eligibility rules of the Alaska Christian Schools Activities Program or Anchor Lutheran School.

Student Signature

Date

